# 1219

# OPEN-LABEL PHASE 2 STUDY TO ASSESS SAFETY AND EFFICACY OF RELACORILANT (CORT125134), A SELECTIVE CORTISOL MODULATOR, IN THE TREATMENT OF ENDOGENOUS HYPERCORTISOLISM Andreas G. Moraitis, MD<sup>1</sup>; Nidhi Agrawal, MD<sup>2</sup>; Irina Bancos, MD<sup>3</sup>; Francesco S. Celi, MD<sup>4</sup>; Murray B. Gordon, MD<sup>5</sup>; Atil Y. Kargi, MD<sup>6</sup>;

# INTRODUCTION

- Cushing syndrome is a multisystem disorder resulting from prolonged hypercortisolism
- It is frequently associated with osteoporosis, hypertension, and impaired glucose tolerance/diabetes mellitus
- Relacorilant is a selective cortisol modulator being investigated by Corcept Therapeutics for the treatment of endogenous Cushing syndrome
- Its mechanism of action, competitive antagonism at the glucocorticoid receptor, is similar to that of mifepristone<sup>'</sup> (Korlym<sup>®</sup>)
- However, mifepristone can cause termination of pregnancy, as well as, in many women, endometrial thickening and irregular vaginal bleeding because of its high affinity for the progesterone receptor
- Relacorilant does not bind to the progesterone receptor, androgen receptor, or estrogen receptor<sup>1</sup>
- Relacorilant is being developed to provide patients with hypercortisolism with the treatment benefits of cortisol modulation, but without the disadvantages of progesterone receptor antagonism

# METHODS

#### ELIGIBLE PATIENTS

- Patients aged 18-80 years with:
- Confirmed endogenous hypercortisolism (adrenocorticotropic hormone [ACTH]dependent or ACTH-independent), as evidenced by  $\geq 2$  of the following:
- 24-hour urine free cortisol above the upper limit of normal
- Late-night salivary cortisol above the upper limit of normal
- Lack of cortisol suppression (>1.8  $\mu$ g/dL serum cortisol) on either overnight 1-mg or 48-hour 2-mg dexamethasone suppression test
- o Impaired glucose tolerance or type 2 diabetes mellitus based on oral glucose tolerance test (OGTT) AND/OR uncontrolled or untreated hypertension (based on ambulatory blood pressure monitoring [ABPM]) defined as a mean systolic blood pressure (SBP) of  $\geq$ 130 mmHg and/or a diastolic blood pressure (DBP) of  $\geq$ 85 mmHa
- At least two clinical signs and symptoms of Cushing syndrome (in addition to impaired glucose tolerance/diabetes mellitus and/or hypertension)
- Requirement for medical treatment of hypercortisolism

## **STUDY DESIGN**

- Phase 2, multicenter, open-label study with two dose groups of at least 15 patients each to assess the safety and efficacy of relacorilant
- Each group has a 50-mg dose escalation every 4 weeks (Figure 1)
- Low-dose group: relacorilant 100 mg/day, followed by 150 mg/day, and then 200 mg/day
- High-dose group: relacorilant 250 mg/day, followed by 300 mg/day, then 350 mg/day, and 400 mg/day
- Primary efficacy endpoints:
- Patients with impaired glucose tolerance/diabetes mellitus: change in the area under the concentration-time curve for glucose (AUC<sub>alucose</sub>) on the 2-hour OGTT from Baseline to Week 12/Early Termination
- Patients with hypertension: change in SBP and DBP measured by 24-hour ABPM from Baseline to Week 12/Early Termination
- There were two analysis subgroups: patients with impaired glucose tolerance/ diabetes mellitus and patients with uncontrolled hypertension. Some patients were members of both groups

ABPM=ambulatory blood pressure monitoring; OGTT=oral glucose tolerance test.

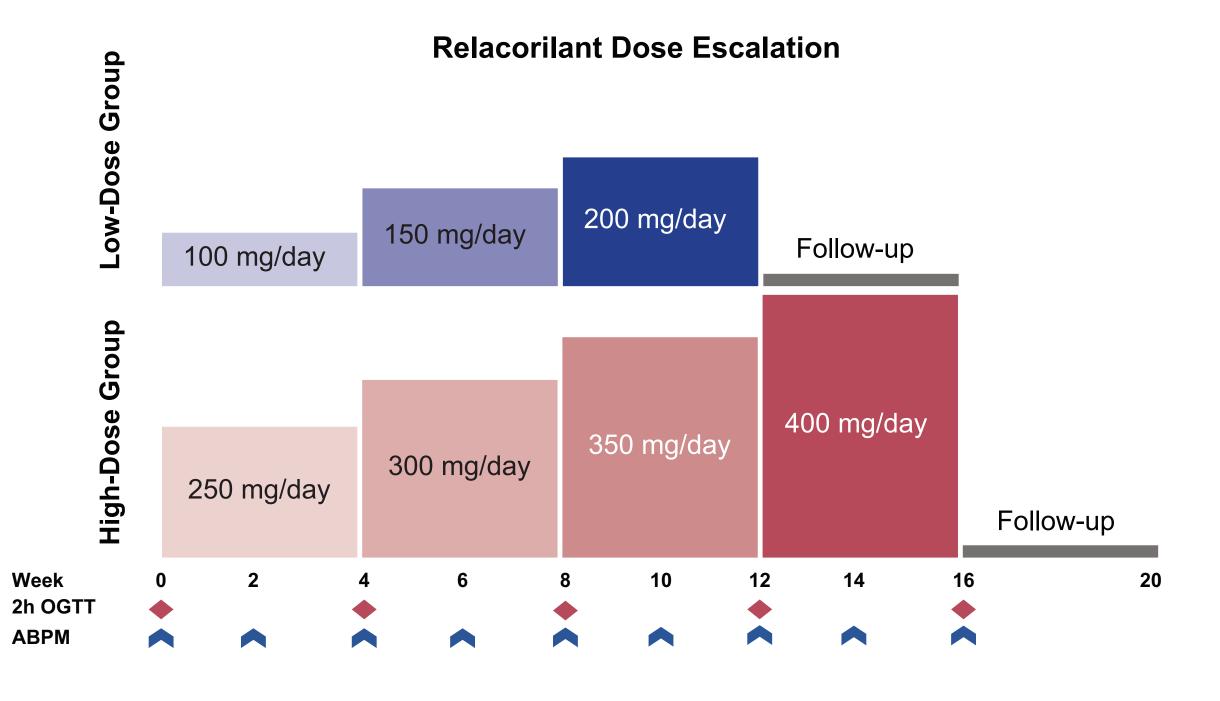
# RESULTS **EXPOSURE**

Sex, n Male Fema Age, y Race, Body Etiolog Adre Pitui Como Нуре Impa Both Glucos type ? HbA Fasti Fruc Blood (asses Mea Mear Data pre

Sam Lerman, MD<sup>7</sup>; Cary N. Mariash, MD<sup>8</sup>; Julie M. Silverstein, MD<sup>9</sup>; Margaret E. Wierman, MD<sup>10</sup>

<sup>1</sup>Corcept Therapeutics, Menlo Park, CA; <sup>2</sup>NYU Langone Medical Center, New York, NY; <sup>3</sup>Mayo Clinic, Rochester, MN; <sup>4</sup>Virginia Commonwealth University Health System, Richmond, VA; <sup>5</sup>Allegheny Neuroendocrinology Center, Allegheny General Hospital, Pittsburgh, PA; <sup>6</sup>University of Miami Miller School of Medicine, Miami, FL; <sup>7</sup>The Center for Diabetes and Endocrine Care, Fort Lauderdale, FL; <sup>8</sup>Methodist Research Institute, Indianapolis, IN; <sup>9</sup>Washington University School of Medicine, St. Louis, MO; <sup>10</sup>University of Colorado, Aurora, CO

#### Figure 1. Study Design: Phase 2, Open-Label, Relacorilant for Endogenous Hypercortisolism



Seventeen patients enrolled in the low-dose relacorilant group: 100 mg/day (n=17), 150 mg/day (n=17), and 200 mg/day (n=16)

The planned total of 15 patients have been enrolled into the high-dose group and are receiving treatment

#### Table 1. Baseline Patient Characteristics

|  | Low-Dose Group (n=17) |  |  |  |
|--|-----------------------|--|--|--|
| ſ  |                       |  |  |  |
| e  | 8                     |  |  |  |
| nale   | 9                     |  |  |  |
| years, mean (range: min-max)   | 47.8 (28-70)          |  |  |  |
| , <b>n</b>   |                       |  |  |  |
| ite  | 17                    |  |  |  |
| ht, kg   | 92.1±22.1             |  |  |  |
| mass index, kg/m²  | 33.1±7.4              |  |  |  |
| ogy, n   | Λ                     |  |  |  |
| enal<br>uitary/actonic   | 4<br>13               |  |  |  |
| iitary/ectopic<br>orbidities, n  | 13                    |  |  |  |
| pertension   | 12                    |  |  |  |
| aired glucose tolerance/type 2 diabetes mellitus   | 13                    |  |  |  |
| h  | 8                     |  |  |  |
| ose parameters in impaired glucose tolerance/  |                       |  |  |  |
| 2 diabetes mellitus subgroup, n=13   |                       |  |  |  |
| A1c, %   | 6.4±0.9               |  |  |  |
| ting plasma glucose, mg/dL   | 116.4±23.2            |  |  |  |
| ctosamine, µmol/L  | 225.7±18.9            |  |  |  |
| d pressure parameters in hypertension subgroup<br>ssed by ABPM), n=12  |                       |  |  |  |
| an systolic blood pressure, mmHg   | 138.0±6.2             |  |  |  |
| an diastolic blood pressure, mmHg  | 87.2±6.3              |  |  |  |
| resented as mean±standard deviation unless otherwise indi<br>=ambulatory blood pressure monitoring: HbA1c=alycated h |                       |  |  |  |

ABPM=ambulatory blood pressure monitoring; HbA1c=glycated hemoglobin. Normal laboratory ranges: HbA1c: ≤6.4%; fasting plasma glucose: 70-99 mg/dL; fructosamine: 190-270 µmol/L.

#### Table 2. Baseline Biochemistry by Etiology for the Low-Dose Group

#### Laboratory Test

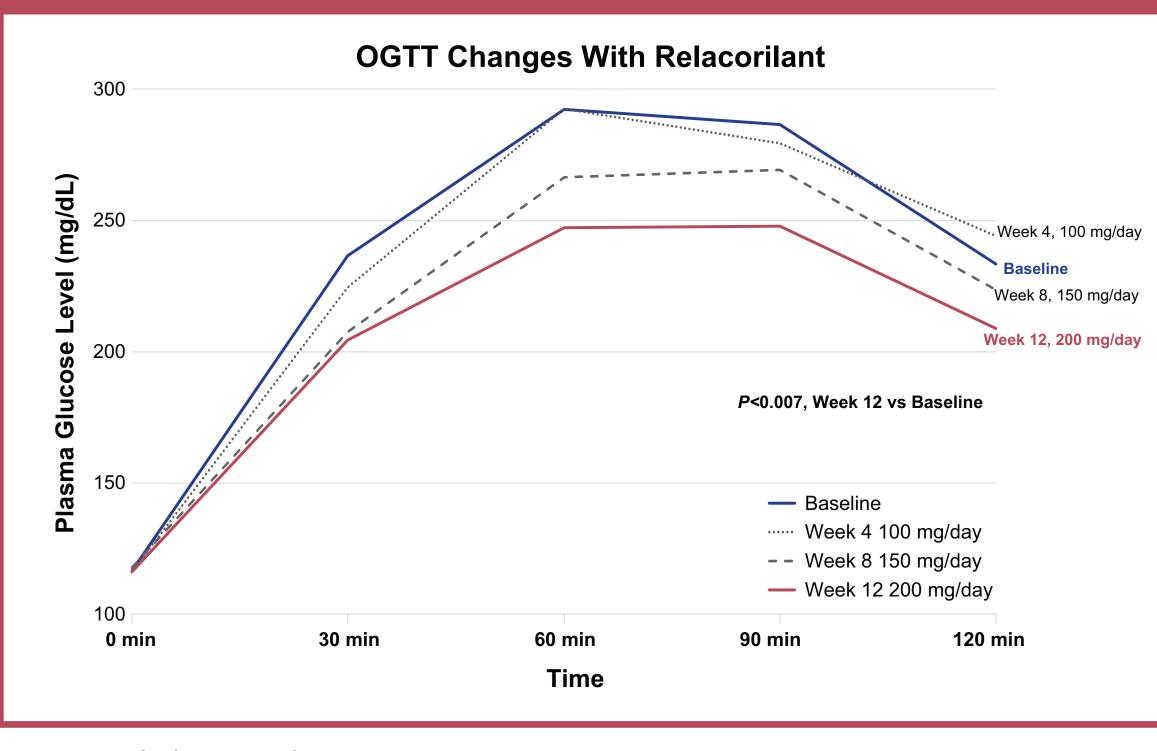
ACTH, pg/mL UFC, nmol/24h Late-night salivary cortisol, nmol/L

Data presented as mean±standard deviation unless otherwise indicated. ACTH=adrenocorticotropic hormone; UFC=urine free cortisol. Normal laboratory ranges: ACTH: 6-50 pg/mL; UFC: <138 nmol/24h; late-night salivary cortisol: ≤2.5 nmol/L

### CHANGES IN AUC<sub>GLUCOSE</sub>

- Wilcoxon signed rank test; **Figure 2**)

### Figure 2. Changes in OGTT in the Low-Dose Group



OGTT=oral glucose tolerance test.

### CHANGES IN AMBULATORY BLOOD PRESSURE

(decrease in mean SBP or DBP by  $\geq 5 \text{ mmHg}$ )

#### CHANGES IN OSTEOCALCIN LEVELS

- estimated to be between 30% to 65%<sup>2</sup>
- formation
- hypercortisolism

| Adrenal (n=4) | Pituitary/Ectopic (n=13) |
|---------------|--------------------------|
| 5.4±1.3       | 63.9±30.1                |
| 311.3±366.9   | 591.3±517.0              |
| 5.9±5.4       | 8.8±5.4                  |

Patients with impaired glucose tolerance/type 2 diabetes mellitus exhibited dose-dependent improvement in glycemic control as measured by change from Baseline in AUC<sub>glucose</sub> (P<0.007, two-sided

• Of the 11 patients who provided a Week 12 OGTT, nine (81.8%) had a decrease in AUC<sub>alucose</sub> from Baseline, with three patients normalizing their OGTT based on the 2-hour glucose value

At Week 12, mean glucose levels at all post-dose timepoints following the OGTT were numerically lower compared with

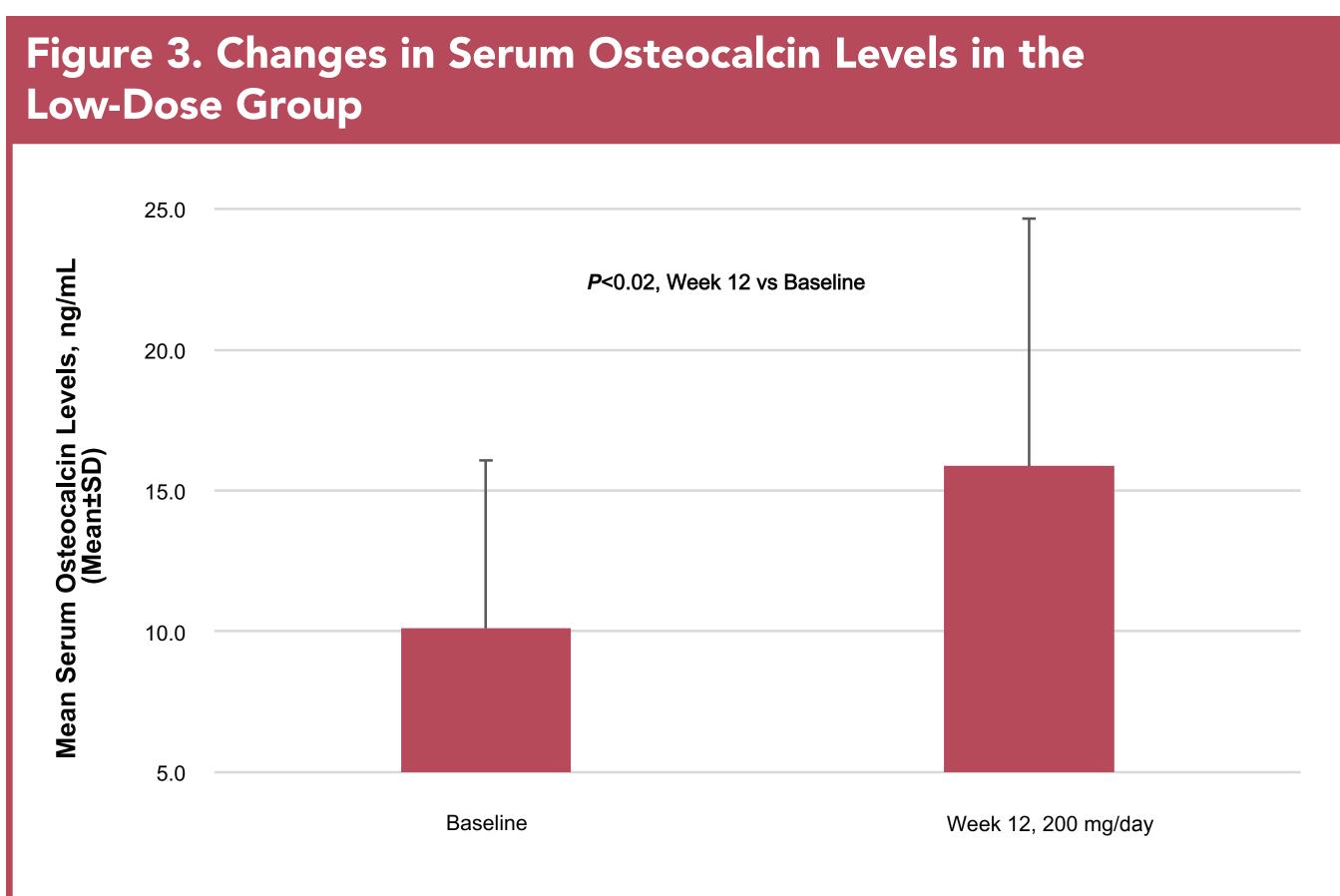
 Of the 11 patients in the hypertensive subgroup who completed 12 weeks of dosing, five (45.5%) met the primary efficacy endpoint

The prevalence of osteoporosis in patients with hypercortisolism is

Excess glucocorticoids increase bone resorption and decrease bone

Osteocalcin is a marker of bone formation that is sensitive to glucocorticoid activity; it is suppressed in patients with

Treatment with relacorilant resulted in a significant increase in the mean serum osteocalcin level at Week 12 from Baseline (6.3 ng/mL, P<0.02; two-sided Wilcoxon signed rank test)



SD=standard deviation

#### CHANGES IN ACTH AND UFC

Treatment with relacorilant up to 200 mg daily caused only small changes in the ACTH and did not significantly increase UFC

| Table 3. ACTH and UFC in All Patients (Baseline and Week 12) |                        |                       |                              |
|--|------------------------|-----------------------|------------------------------|
|  | Baseline,<br>Mean (SD) | Week 12,<br>Mean (SD) | Fold Change<br>Over Baseline |
| ACTH, pg/mL  | 50.1±6.4               | 71.8±48.7             | 1.4                          |
| UFC, nmol/24h  | 525.6±490.6            | 549.8±767.3           | 1.1                          |

ACTH=adrenocorticotropic hormone; UFC=urine free cortisol. Normal laboratory ranges: ACTH: 6-50 pg/mL; UFC: <138 nmol/24h.

### **ADVERSE EVENTS**

- Treatment with relacorilant (up to 200 mg/day) for up to 84 days was well tolerated
- Fifteen of 17 (88.2%) patients reported one or more treatment-emergent adverse events (TEAĖs) across the 12-week treatment period
- The most commonly reported TEAEs were musculoskeletal and gastrointestinal in nature (25% and 19% of all TEAEs, respectively)
- Frequency of TEAEs did not increase with increasing dose
- There were no serious adverse events
- There were no discontinuations attributed to relacorilant

#### **CURRENT STUDY STATUS**

- Enrollment is complete
- Patients in the high-dose group continue to be treated and results are expected in third quarter 2018
- A Phase 3 study is planned to begin this year



## **DISCUSSION/CONCLUSION**

- Improvement in glucose control was achieved with short duration of treatment at low doses
- Relacorilant demonstrated clinically significant improvements in mean SBP and/or DBP in 45.5% (5/11) of patients in the low-dose group who completed the 12-week treatment period
- Biochemical response to relacorilant treatment was evident, with significant increases in osteocalcin levels
- Relacorilant was well tolerated, with no evidence of progesterone receptor affinity<sup>1</sup>
- Based on the unexpectedly small changes in ACTH and UFC, relacorilant could potentially have an important safety advantage over mifepristone in terms of lower risk of hypokalemia
- With mifepristone, hypokalemia occurred in 44% of treated patients<sup>3</sup>
- Relacorilant may offer the benefit of potent cortisol modulation without undesirable progesterone receptorrelated effects

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# DISCLOSURES

**AGM** is an employee of Corcept Therapeutics.

NA, IB, FSC, MBG, AYK, SL, CNM, JMS, and MEW served as investigators for this study.